



# Tellington TTouch® Harness

*Use & Fit Guidelines*

The Canadian Tellington TTouch Harmony Harness and Leash was adapted from the TTouch harness; designed and developed in the UK. It helps dogs walk freely in balance on a loose lead, and to minimize pressure on important anatomical structures in dogs necks.



The Harmony Harness is made in Canada from colour fast webbing and high quality D and O rings. It has contoured plastic clips on one sides of the neck piece and two on the back pieces. This enables the handler to fit the harness without triggering concern by putting the harness over the dog's head or by lifting the dog's front leg. It is easily removed by releasing the clip without the need to pull the harness over the head which can cause anxiety for some dogs.

The harness is designed to encourage flexibility through the body by allowing the shoulder blades and front limbs of the dog to move as nature intended. Freedom of movement through the neck and shoulders can help release tension in the back, improve core strength and enable the dog to engage his hindquarters.

The two points of contact and short back piece helps to reduce pulling without creating tension on the neck and/or shoulders.

Freedom of movement through the neck and shoulders can help to reduce lead frustration and enables the dog to sniff and explore his environment when out and about.

## Fitting the harness

Undo both clips on the webbing where the double or single D ring(s) are attached and the clip on the neck piece. Place the neck piece around the base of your dog's neck and clip it gently together.



Rest the back piece with the two female buckles and double or single D ring(s) on the dog's back.



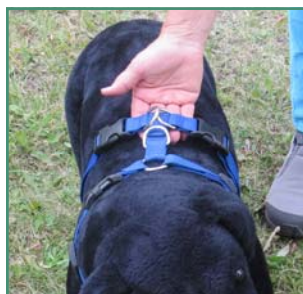
Take the chest piece between your dog's front legs and clip the harness gently together on either side of your dog's rib cage.

The webbing between the front legs needs to be adjusted appropriately to ensure that the harness is not pulled in behind the elbows; the harness should not inhibit movement in any way.

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The neck piece should be loose enough to be comfortable for the dog but without sliding excessively when a signal is given on the front D ring.

The back piece should be fitted to ensure that the harness is not too tight but does not slide excessively or hang loosely around the body.



Ensure that you can get your fingers under the webbing with the double D rings on the back of the harness to avoid causing discomfort from downward pressure on the spine.

The harness should fit comfortably whether your dog is standing, sitting, or lying down.

## Using the harness

A double ended training lead is recommended with this harness. The smaller clip attaches to the front D ring at the top of the dogs chest (Note: not all training leads made by other manufacturers come with different sized clips). When there is a larger clip it attaches to both the double D rings or single ring furthest on the back of the harness.

The additional single D ring (between the O ring and the Double D rings) on the back piece is primarily used when introducing a second handler or as an alternative attachment for the smaller clip on the training lead for dogs that do not pull.

A soft rope can be threaded through the double D rings as part of the Tellington TTouch ground work exercises when working with dogs that struggle to walk on a lead, or as a starting point for dogs that suffer from separation anxiety.



## The Harmony Handle

*It takes two to pull*

Pulling on the lead can be a difficult habit to break for both the dog and the handler. It is common practice to tense when leading a dog that pulls or has a tendency to lunge, but this can exacerbate the behaviour although it may well be an unintentional response by the handler.

The matching leash allows adjustment making it ideal for shorter people with large dogs or tall people with short dogs especially if you have dogs who pull on the leash. It can be also be made longer when you want to give your dog more room.

This sliding handle with the swivel handle is one of the quickest way I have found to have dogs who pull be able to walk on a loose leash.

The handle gives security to the handler but as the lead moves through the ring on the handle, there is less likelihood of any tension passing down the lead and triggering further bracing and over arousal in the dog.

The TTouch Harmony Handle can also be a useful addition when walking more than one dog at a time, or in situations where holding the lead in both hands is not appropriate or possible.

### Money Back Guarantee

*Our aim is to improve the lives of dogs and those that care for them and love them. We do not want to sell any equipment that does not enhance the wellbeing of your dog.*

*If you decide that the harness does not suit you or your dog for any reason, we will happily refund the purchase price of the harness provided the harness is returned to us in perfect condition.*

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